



CLINICAL CARE OPTIONS®  
HEPATITIS

# Hepatitis Now: Expanding HBV Treatment Candidacy

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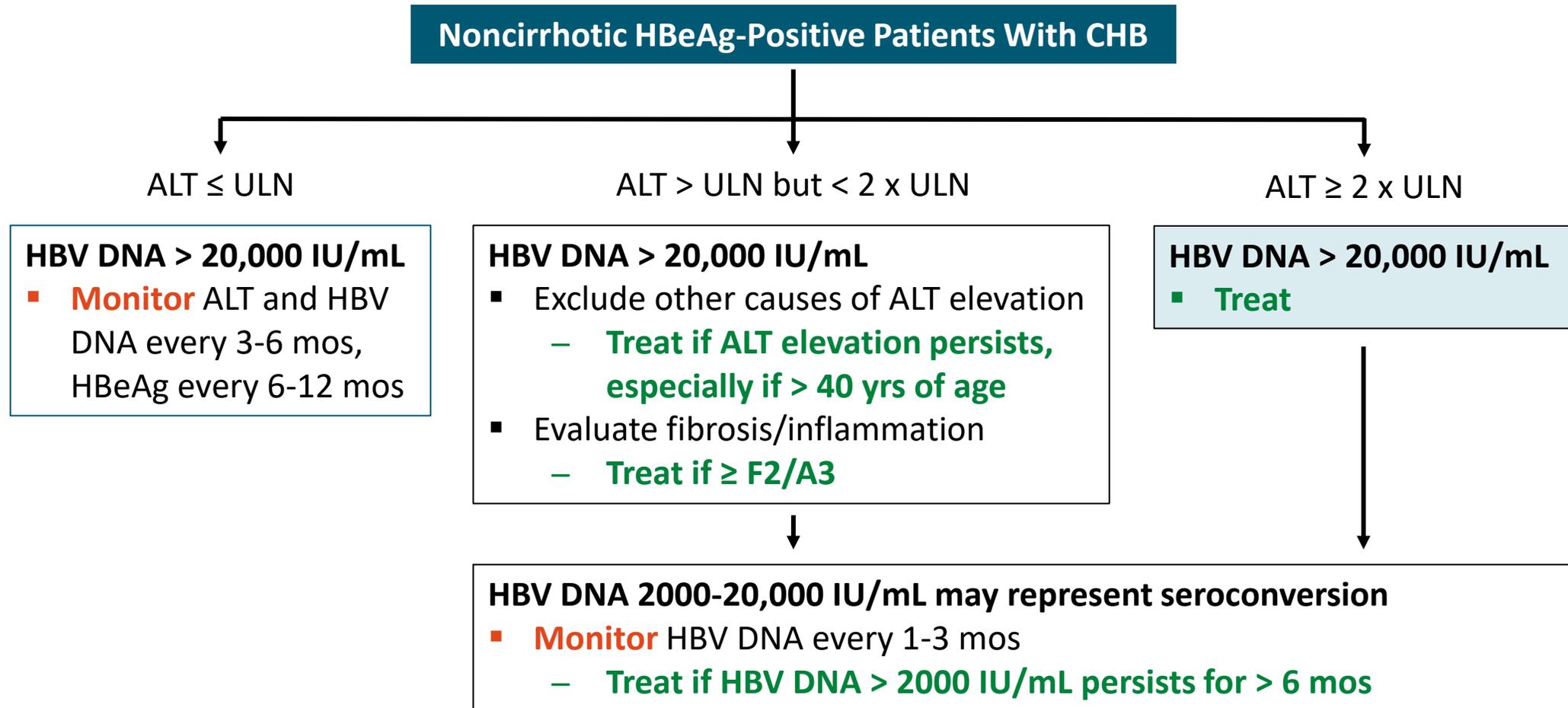
# General Considerations



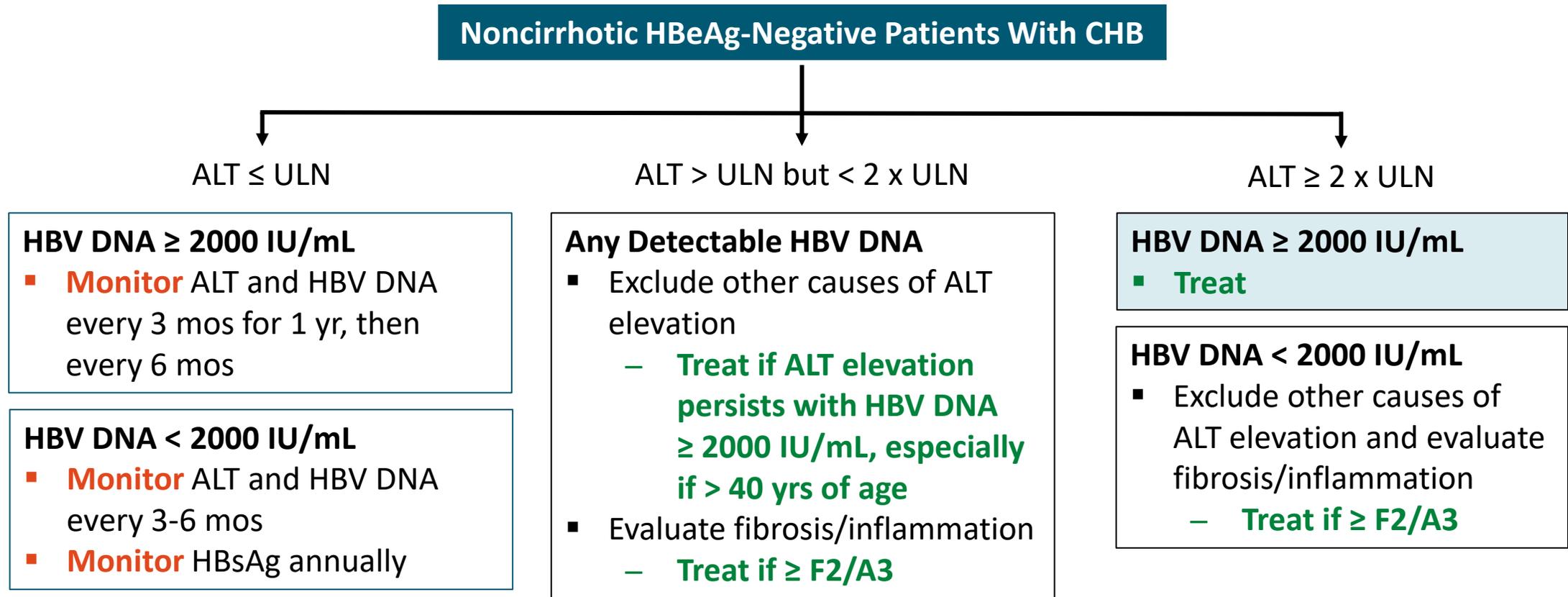
# Defining the Upper Limit of Normal for ALT

ALT ULN	AASLD 2018 <sup>[1]</sup>	EASL 2017 <sup>[2]</sup>
Males	35 U/L	40 IU/L
Females	25 U/L	40 IU/L

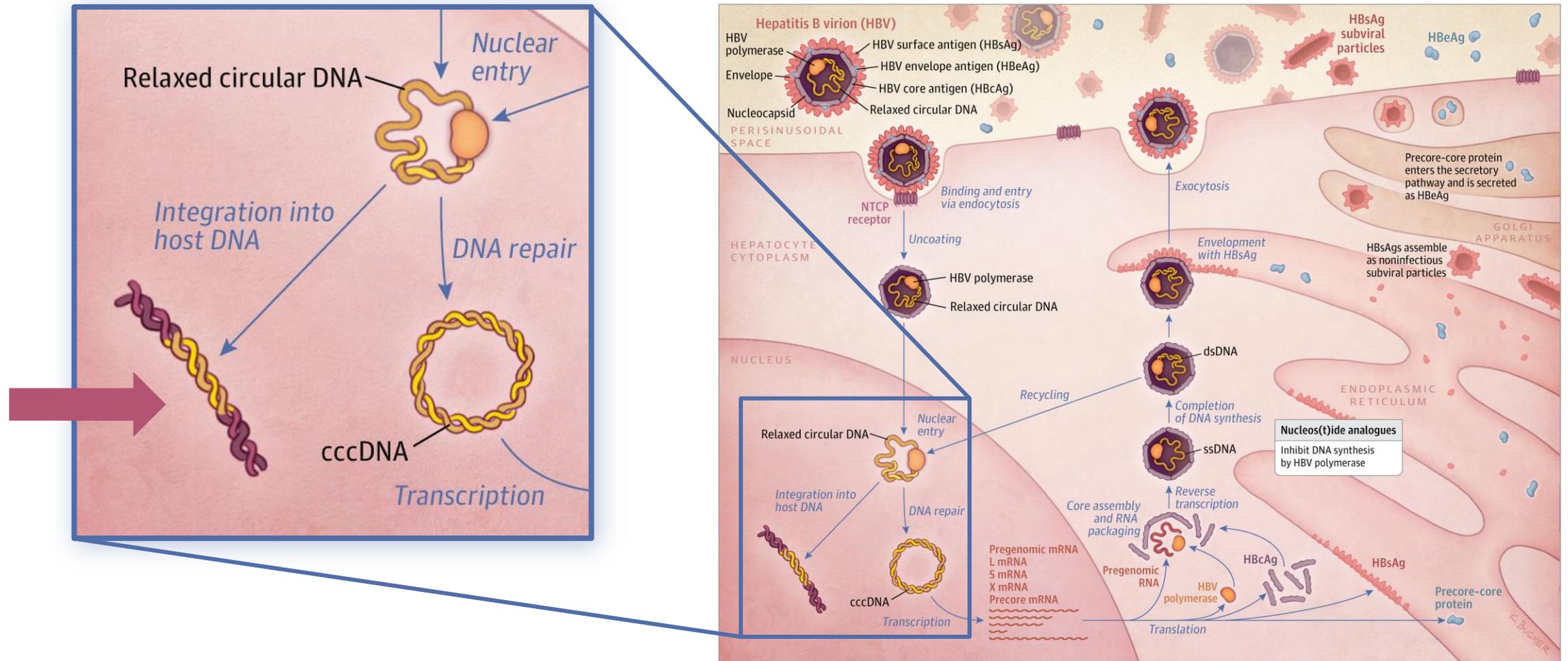
# 2018 AASLD Guidance for HBeAg-Positive CHB



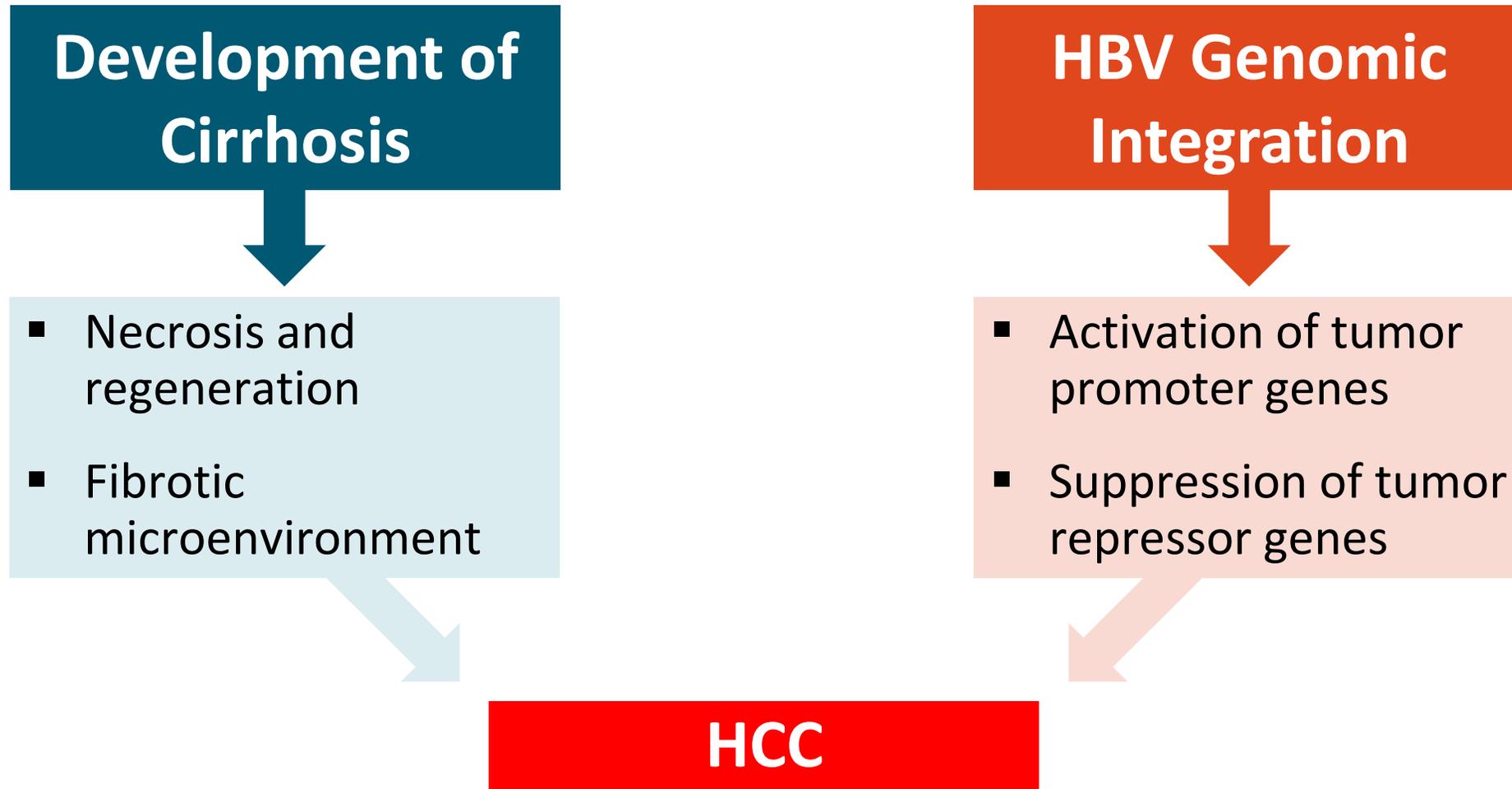
# 2018 AASLD Guidance for HBeAg-Negative CHB



# HBV Life Cycle



## 2 Key Pathways to HCC in Patients With Hepatitis B



# Natural History of HBV: New Nomenclature From EASL

Parameter	HBeAg Positive		HBeAg Negative		Resolved HBV Infection
	Chronic Infection	Chronic Hepatitis	Chronic Infection	Chronic Hepatitis	
HBsAg	High	High/intermediate	Low	Intermediate	Negative
HBeAg	Positive	Positive	Negative	Negative	Negative
HBV DNA	> 10 <sup>7</sup> IU/mL	10 <sup>4</sup> to 10 <sup>7</sup> IU/mL	< 2000 IU/mL*	> 2000 IU/mL	Undetectable <sup>‡</sup>
ALT	Normal	Elevated	Normal	Elevated <sup>†</sup>	Normal
Liver disease	None/minimal	Moderate/severe	None	Moderate/severe	None <sup>§</sup>
<i>Older term</i>	<i>Immune tolerant</i>	<i>Immune reactive HBeAg positive</i>	<i>Inactive carrier</i>	<i>HBeAg negative chronic hepatitis</i>	<i>HBsAg negative, anti-HBc positive</i>

\*HBV DNA levels up to 20,000 IU/mL can occur without signs of chronic hepatitis. <sup>†</sup>Persistently or intermittently.

<sup>‡</sup>cccDNA frequently detected in the liver. <sup>§</sup> Residual HCC risk only if cirrhosis developed before HBsAg loss.

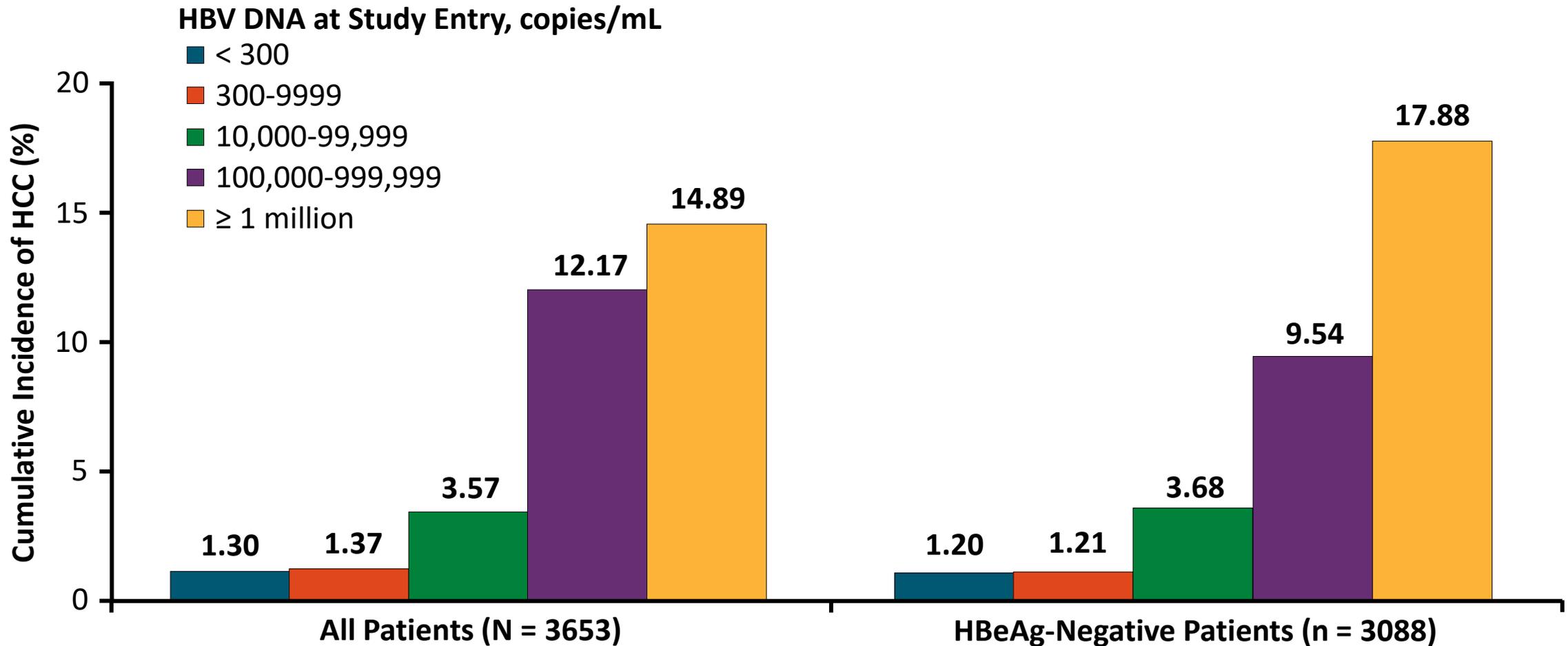
# REVEAL-HBV: Landmark Study of CHB Natural History

- Prospective cohort study of patients recruited to a community-based cancer screening program in Taiwan, 1991-1992

<b>Enrolled in Study</b> (N = 23,820)
<b>HBsAg Positive</b> (n = 4155)
<b>Adequate Serum for HBV DNA Test</b> (n = 3851)
<b>Anti-HCV Negative</b> (n = 3653)

Characteristic, n (%)	Study Cohort (n = 3653)
Male	2260 (62)
Age	
▪ 30-39 yrs	1216 (33)
▪ 40-49 yrs	1014 (28)
▪ 50-59 yrs	1058 (29)
▪ ≥ 60 yrs	365 (10)
No cigarette smoking	2416 (66)
No alcohol consumption	3195 (87)
HBeAg negative	3088 (85)
ALT < 45 U/L	3435 (94)
No cirrhosis by ultrasound	3584 (98)

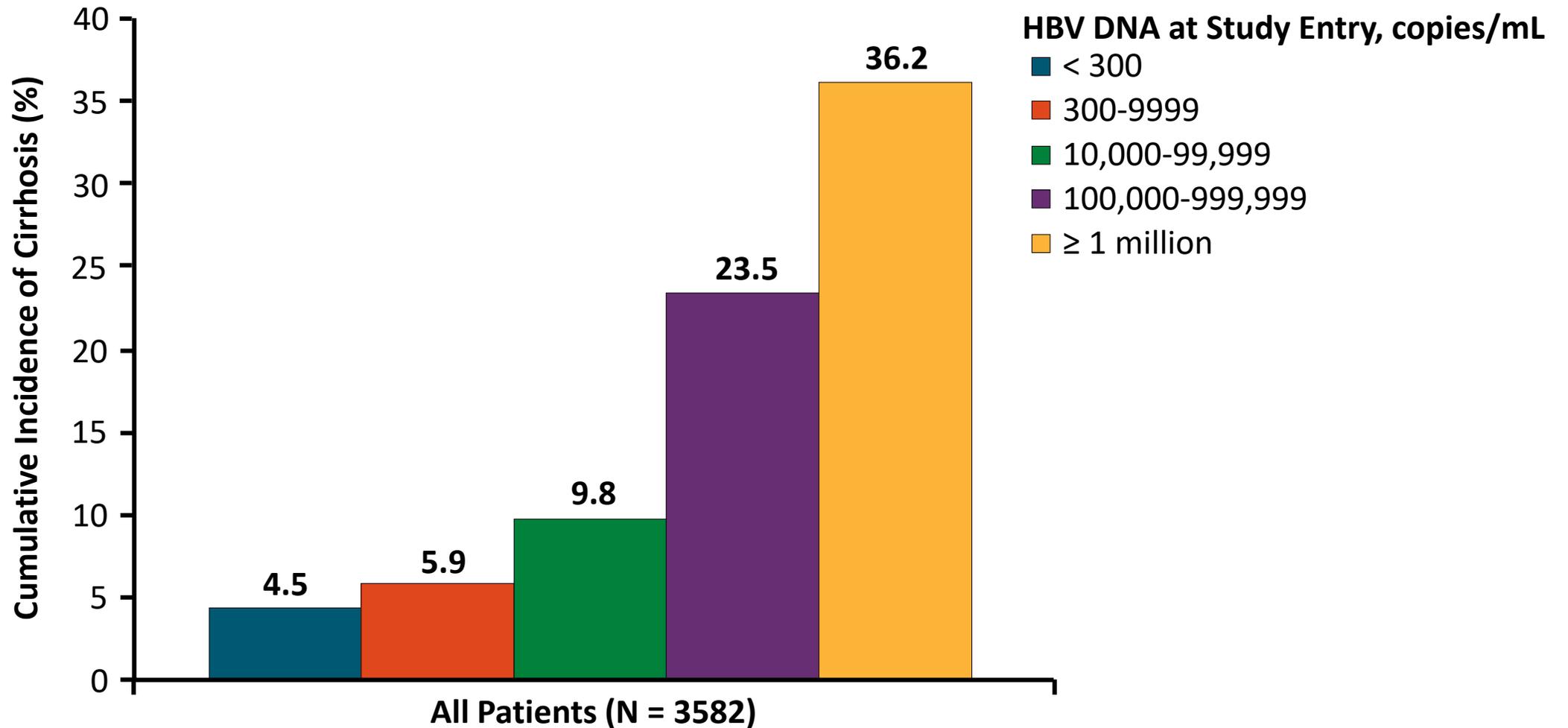
# REVEAL-HBV: Cumulative Incidence of HCC After 13 Yrs



# REVEAL-HBV: Risk of HCC by HBV DNA Level

HBV DNA, copies/mL		Patients, n	HCC Cases, n	Median Time From BL to Last F/u Exam, Yrs	Adjusted HR (95% CI)	
Study Entry	Follow-up				Sex, Age, Cigarette Smoking, Alcohol Consumption	Plus HBeAg Positivity, Cirrhosis, ALT Level
< 10,000	Not tested	2034	26		1.0	1.0
10,000-99,999	< 10,000	256	6	10.7	1.6 (0.7-3.9)	1.3 (0.5-3.1)
10,000-99,999	10,000-99,999	161	1	9.2	0.5 (0.1-3.6)	0.4 (0.1-3.2)
10,000-99,999	≥ 100,000	110	5	9.9	3.5 (1.4-9.2)	2.9 (1.0-9.8)
≥ 100,000	< 10,000	146	8	11.1	3.8 (1.7-8.4)	1.9 (0.8-4.4)
≥ 100,000	10,000-99,999	120	10	10.5	7.3 (3.5-15.3)	4.3 (2.0-9.3)
≥ 100,000	≥ 100,000	537	55	9.9	10.1 (6.3-16.2)	5.3 (2.9-9.7)

# REVEAL-HBV: Cumulative Incidence of Cirrhosis

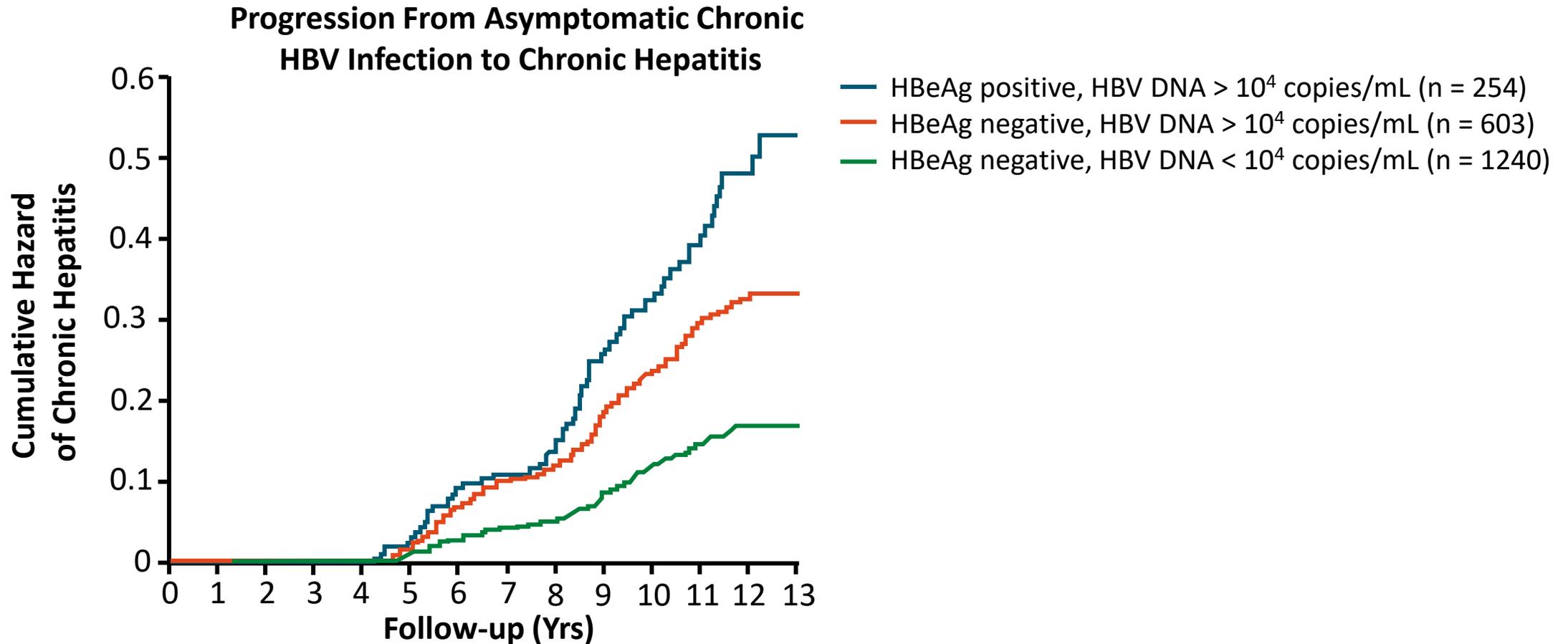


# REVEAL-HBV: Risk Factors Associated With HCC

Risk Factor	All Patients (N = 3653)		HBeAg Negative (n = 3088)		HBeAg Negative, Normal ALT (n = 2966)		HBeAg Negative, Normal ALT, No Cirrhosis (n = 2925)	
	HR	P Value	HR	P Value	HR	P Value	HR	P Value
Male sex	2.1	.001	2.0	.03	1.6	.16	1.5	.24
Age in 1-yr increment	1.09	< .001	1.08	< .001	1.09	< .001	1.11	< .001
Cigarette smoking	1.0	.84	0.9	.69	1.1	.76	1.3	.35
Alcohol consumption	1.6	.009	1.7	.05	1.8	.03	1.7	.08
HBeAg positive	2.6	< .001						
ALT ≥ 45 U/L	1.1	.64	0.8	.62				
Liver cirrhosis*	9.1	< .001	7.9	< .001	11.7	< .001		
HBV DNA at study entry, copies/mL								
▪ < 300	1.0	< .001 <sup>†</sup>	1.0	< .001 <sup>†</sup>	1.0	< .001 <sup>†</sup>	1.0	< .001 <sup>†</sup>
▪ 300-9999	1.1	.86	1.0	.94	1.3	.55	1.4	.56
▪ 10,000-99,999	2.3	.02	2.6	.01	2.7	.02	4.5	.001
▪ 100,000-999,999	6.6	< .001	6.1	< .001	7.2	< .001	11.3	< .001
▪ ≥ 1 million	6.1	< .001	10.6	< .001	14.3	< .001	17.7	< .001

\*Diagnosed by ultrasound within 6 mos of study entry. <sup>†</sup>For trend.

# REVEAL-HBV: Disease Progression in Persons With Persistently Normal ALT at Study Entry



# REVEAL-HBV: Implications for Treatment of HBV Infection

- Viral level is the most important predictor of outcome
- Reductions in HBV DNA level occurring spontaneously have favorable prognostic import
  - **Reasonable to infer that pharmacologic reductions in HBV DNA would have similar favorable import**
- Minimally elevated or even normal ALT not protective from adverse outcomes

# Should Patients With Immune-Tolerant CHB Be Treated?



# Defining Immune-Tolerant CHB

- Typically infected at birth; most are younger than 40 yrs of age
- HBeAg positive
- HBV DNA levels very high (typically > 1 million IU/mL)
- Normal or minimally elevated ALT and/or AST
  - Immune-tolerant status defined by ALT levels, utilizing 35 U/L for men and 25 U/L for women as ULN rather than local laboratory ULN
- Liver biopsy or noninvasive test results showing no fibrosis and minimal inflammation

# AASLD Guidance on Immune-Tolerant CHB

- *“The AASLD recommends against antiviral therapy for adults with immune-tolerant CHB”*
- *“The AASLD suggests antiviral therapy in the select group of adults > 40 yrs of age with normal ALT and elevated HBV DNA (1 million IU/mL) and liver biopsy specimen showing significant necroinflammation or fibrosis”*

# Treatment Indications for Patients With HBeAg-Positive Immune-Tolerant CHB

AASLD <sup>[1]</sup>	APASL <sup>[2]</sup>	EASL <sup>[3]</sup>
<ul style="list-style-type: none"> <li>ALT &lt; 70 U/L if male, &lt; 50 U/L if female: <b>no therapy</b></li> </ul>	<ul style="list-style-type: none"> <li>ALT ≤ 80 IU/mL: <b>no therapy</b></li> </ul>	<ul style="list-style-type: none"> <li>ALT ≤ 40 IU/L, if ≤ 30 yrs of age: <b>no therapy</b></li> </ul>
<ul style="list-style-type: none"> <li>Consider liver biopsy, especially if &gt; 40 yrs of age               <ul style="list-style-type: none"> <li>– Treat if ≥ A3/F2</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Consider liver biopsy if significant fibrosis by noninvasive tests, ALT persistently elevated, &gt; 35 yrs of age, or family history of HCC/cirrhosis               <ul style="list-style-type: none"> <li>– Treat if ≥ A3/F2</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>ALT 41-80 IU/L: evaluate by elastography and/or liver biopsy               <ul style="list-style-type: none"> <li>– Treat if stiffness ≥ 12 kPa or ≥ A3/F2</li> </ul> </li> <li>Treat if &gt; 30 yrs of age or family history of HCC/cirrhosis</li> </ul>

# Traditional Arguments Against Treating Immune-Tolerant CHB

- ~~Rates of HBeAg seroconversion very low; indefinite treatment required~~
- ~~Lower rates of complete viral suppression at defined time points~~
- ~~Possibility of resistance~~
- ~~Uncertain long-term safety of antiviral therapy~~
- Patients do well in the short and intermediate term
- No evidence that treatment alters clinical outcomes in these patients
- Expense

# Arguments Favoring Treatment of Immune-Tolerant CHB

- Good prognosis in the short or intermediate term does not ensure good long-term outlook
- Reasons to fear that ongoing high-level viremia can be oncogenic
- Marked viral suppression, even if not complete, can be achieved in nearly all patients
- Transition to immune-active phase may go unrecognized
- Some patients with normal ALT do have fibrosis
- Risk of transmission in viremic patients, especially younger patients



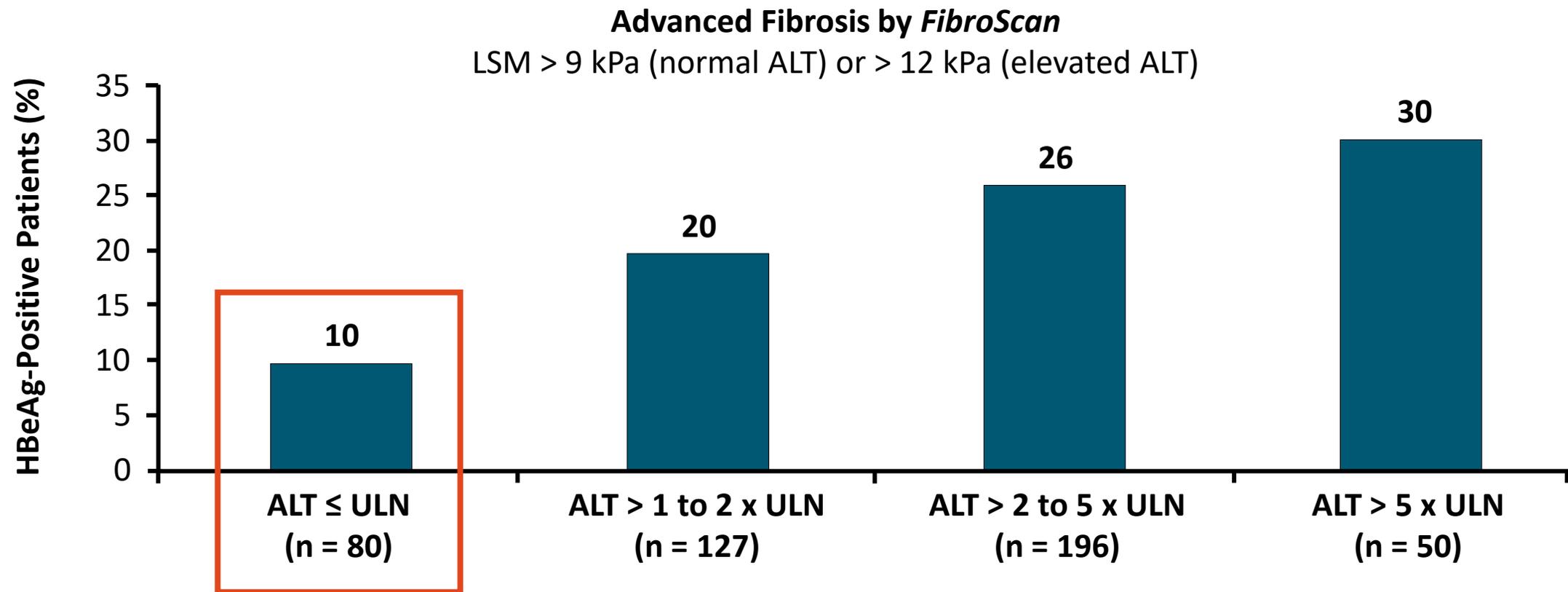
# Fibrosis Progression Uncommon in Patients With Immune-Tolerant CHB

- N = 48 immune-tolerant patients with paired liver biopsy at 5 yrs
  - 3 patients had fibrosis progression; 4 patients with F1 at baseline had regression to F0

Fibrosis Stage	CHB Patients Remaining in Immune-Tolerant Phase After 5 Yrs (N = 48)		
	Initial Liver Biopsy, n	Follow-up Liver Biopsy, n	P Value
F0	15	16	.58
F1	33	31	
F2	0	1	

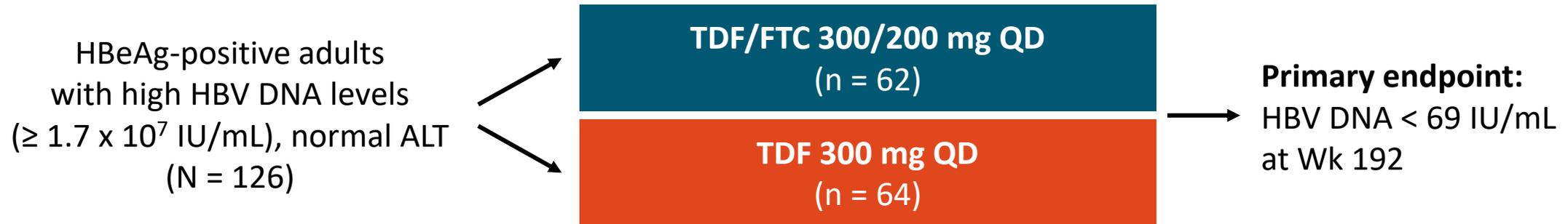
# Elevated ALT Associated With Fibrosis in Patients With HBeAg-Positive CHB

- 10% of HBeAg-positive patients with normal ALT have advanced fibrosis



# “Low” Virologic Response Rate Among Patients With Immune-Tolerant CHB Receiving TDF

- Multicenter, randomized, double-blind phase II trial



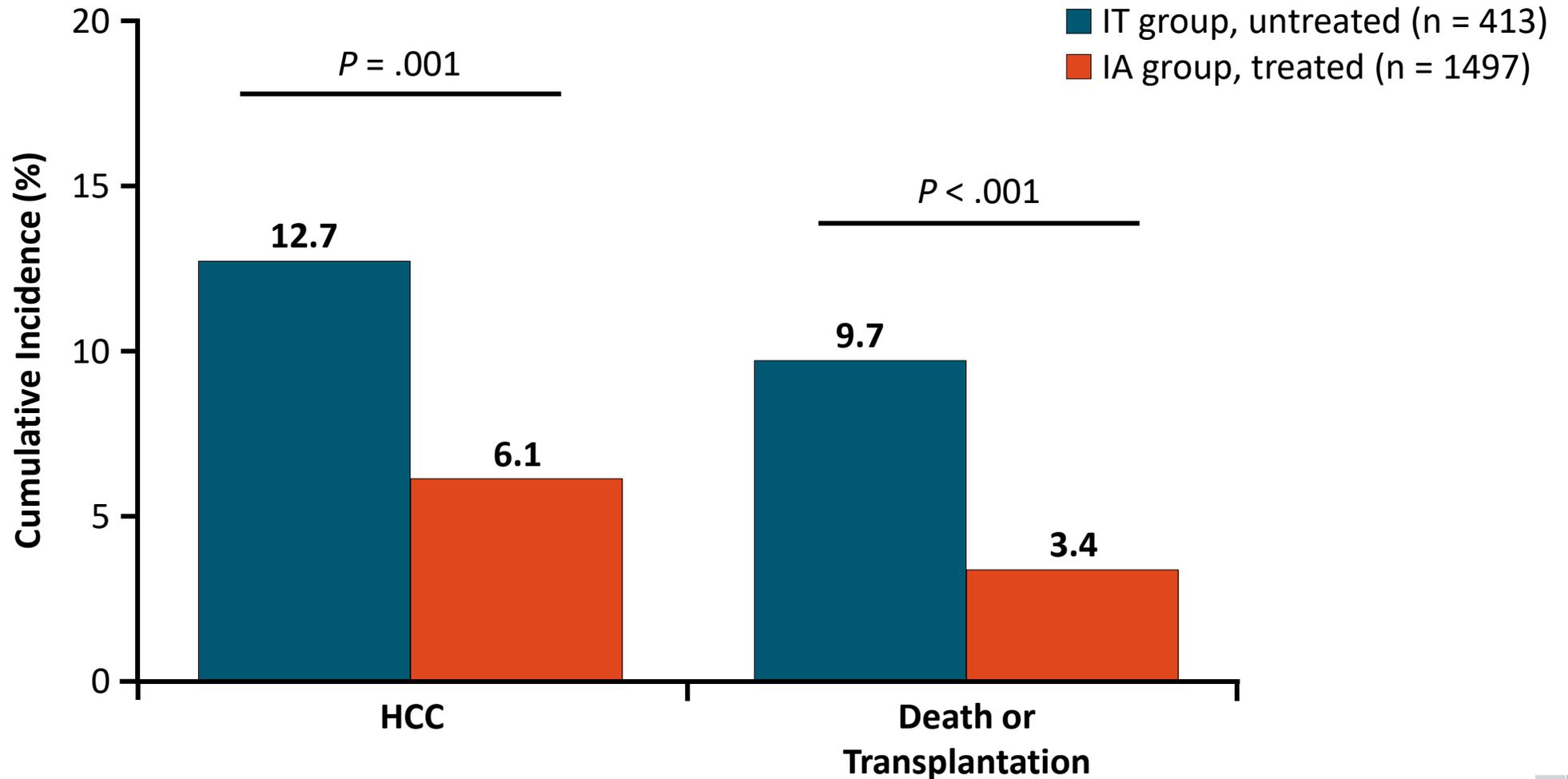
Outcome at Wk 192 in ITT Population, %	TDF/FTC (n = 62)	TDF (n = 64)	P Value
HBV DNA < 69 IU/mL	75.8	54.7	.016
HBeAg seroconversion	0	4.8	.244
Mean HBV DNA $\Delta$ from BL, $\log_{10}$ IU/mL	-6.70	-6.32	.070

- No HBsAg loss or resistance observed

# Historical Korean Cohort Study: Study Design

- Historical cohort study of patients with immune-tolerant CHB seen at a tertiary referral hospital in Korea, Jan 2000 to Dec 2013 (n = 413)
  - HBeAg positive
  - HBV DNA  $\geq 20,000$  IU/mL; ALT  $< 19$  U/L (women),  $< 30$  U/L (men) for  $\geq 1$  yr
  - No cirrhosis (ie, coarse liver echotexture or nodularity on ultrasound, clinical features of portal hypertension, or thrombocytopenia)
- Clinical outcome comparators: immune-active phase patients with ALT  $\geq 80$  IU/mL and receipt of NA therapy (n = 1497), mildly active phase patients with ALT 1-2 x ULN (n = 1141)

# Historical Korean Cohort Study: Cumulative Incidence of HCC, Death, or Transplantation After 10 Yrs



# Historical Korean Cohort Study: Risk of HCC, Death, or Transplantation

HR (95% CI)*	HCC	Death or Transplantation
Immune-tolerant	2.54 (1.54-4.18)	3.38 (1.85-6.16)
Mildly active phase	3.23 (2.28-4.57)	3.21 (3.07-4.95)
Immune-active phase		Reference

\*All  $P < .001$

- NA therapy initiated due to transition to immune-active phase in:
  - 26.2% of immune-tolerant patients (median follow-up: 4.7 yrs)
  - 32.5% of mildly active phase patients (median follow-up: 3.6 yrs)

# HBV Integration and Clonal Hepatocyte Expansion in “Immune-Tolerant” Patients

- Examined liver tissue from 26 patients for HBV integration, clonal hepatocyte expansion, and expression of HBsAg and HBcAg
  - HBeAg-positive IT disease, n = 9; HBeAg-positive IA disease, n = 10; HBeAg-negative IA disease, n = 7
- High levels of HBV DNA integration randomly distributed in chromosomes of all 3 groups
- Clonal hepatocyte expansion in IT patients was greater than expected
- HBV-specific T-cells detected in blood of patients in all 3 phases
  - Hepatocyte turnover driven by immune response may be driving clonal hepatocyte expansion
- Authors proposed name change from IT to “high-replication, low-inflammation phase”
- **Conclusion: Withholding antiviral therapy in IT patients requires reconsideration**

# Recent Literature Suggesting a Paradigm Shift for Immune-Tolerant Patients

*“This review challenges the notion that the immune-tolerant phase is truly benign and considers the possibility that events during this phase may contribute significantly to cirrhosis, HCC, and the premature death of 25% of HBV carriers worldwide. Thus, earlier treatment than recommended by current guidelines should be considered.”*

# Recent Literature Suggesting a Paradigm Shift for Immune-Tolerant Patients

*“While current guidelines advise against starting antiviral treatment for immune-tolerant CHB patients, some new data suggest treating such patients may reduce the risk of liver fibrosis progression and hepatocellular carcinoma.”*

# Immune-Tolerant Patients: A Proposal

- Allow for **consideration of treatment** after discussion of rationale and limitations with individual patients
  - Strong evidence for long-term efficacy, minimal to no resistance, and safety of currently available antiviral agents
- Immune-tolerant patients with family history of HCC should be treated
- Treatment must be regarded as indefinite in absence of new therapies unless seroconversion occurs
- Combination therapy (ie, 2 NAs)?



**Should  $ALT \geq 2 \times ULN$   
Define HBV Treatment Candidacy?**



# AASLD Guidance: Monitoring

**HBeAg Positive**  
HBV DNA > 20,000 IU/mL  
ALT > ULN but < 2 x ULN\*

**HBeAg Negative**  
HBV DNA > 2000 IU/mL  
ALT > ULN but < 2 x ULN\*

\*36-69 U/L if male, 26-49 U/L if female.

- Testing recommended to evaluate histologic disease severity, especially if > 40 yrs of age or long infection duration
- Liver biopsy is the only method to assess both fibrosis and inflammation; fibrosis assessment also possible via elastography (preferred) or biomarker testing (eg, FIB-4, *FibroTest*)
  - Treatment recommended if testing reveals significant fibrosis ( $\geq$  F2) or moderate/severe inflammation (A2/3)

# EASL Guidelines: Indications for Treatment

- Primarily based on HBV DNA, serum ALT, and severity of liver disease

Recommendation		Level of Evidence	Grade of Recommendation
<b>Should Be Treated</b>	<ul style="list-style-type: none"> <li>HBeAg-positive or HBeAg-negative chronic hepatitis B*</li> </ul>	I	1
	<ul style="list-style-type: none"> <li>Cirrhosis (compensated or decompensated), any detectable HBV DNA, regardless of ALT level</li> </ul>	I	1
	<ul style="list-style-type: none"> <li>HBV DNA &gt; 20,000 IU/mL and ALT &gt; 2 x ULN, regardless of degree of fibrosis</li> </ul>	II-2	1
<b>May Be Treated</b>	<ul style="list-style-type: none"> <li>HBeAg-positive chronic HBV infection,<sup>†</sup> if &gt; 30 yrs of age, regardless of severity of liver histological lesions</li> </ul>	III	2
<b>Can Be Treated</b>	<ul style="list-style-type: none"> <li>HBeAg-positive or HBeAg-negative chronic HBV infection, extrahepatic manifestations, and family history of HCC/cirrhosis<sup>‡</sup></li> </ul>	III	2

\*Defined by HBV DNA > 2000 IU/mL, ALT > ULN and/or at least moderate liver necroinflammation or fibrosis.

<sup>†</sup>Defined by high HBV DNA and persistently normal ALT. <sup>‡</sup>Even if typical treatment indications not present.

# Rationale for Treating Patients With ALT > 2 x ULN

- Presumably have more active disease with more serious prognosis<sup>[1]</sup>
- 1990s: IFN treatment resulted in HBeAg seroconversion more commonly in patients with higher ALT levels<sup>[2]</sup>
- Late 1980s: evaluated prednisone priming<sup>[3]</sup>

**Emphasis on ALT level to  
define treatment candidacy  
is “old thinking”**

# Why ALT Level May Not Be a Good Parameter for Treatment

- “It’s the virus!”
- Long-term risk of complications related to viremia more than to ALT
  - REVEAL-HBV study and others
- HBeAg seroconversion is useful for assessment of therapy duration, but not related to viral suppression induced by nucleotides
- If long-term treatment is needed, so be it
  - No resistance
  - Long-term safety abundantly demonstrated



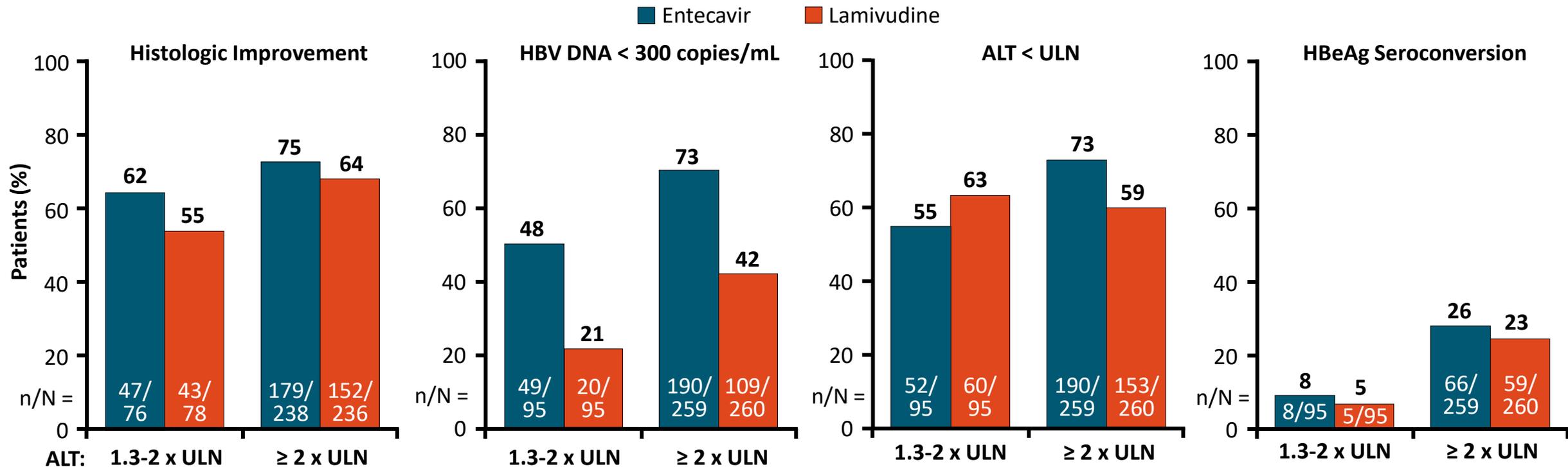
# ETV-022/027: Inflammation and Fibrosis Common Among Patients With Minimally Elevated ALT

Characteristic	HBeAg-Positive Patients		HBeAg-Negative Patients	
	ALT 1.3-2 x ULN (n = 190)	All (n = 709)	ALT 1.3-2 x ULN (n = 146)	All (n = 638)
Mean age, yrs	35	35	46	44
Male, %	70	75	72	76
HBV DNA, log <sub>10</sub> copies/mL	9.6	9.7	6.9	7.6
ALT, IU/L	65	143	62	142
Mean Knodell necroinflammatory score*	6	8	7	8
Mean Ishak fibrosis score*	2	2	2	2
HBV genotype A/B/C/D/F/other, %	25/16/29/18/4/6	27/20/28/12/5/6	14/18/16/40/1/5	10/17/17/46/0/6
BL Knodell necroinflammatory score ≥ 7,* %	60	78	72	80
BL Ishak fibrosis score ≥ 4,* %	8	14	15	18

\*Patients with adequate BL biopsy.

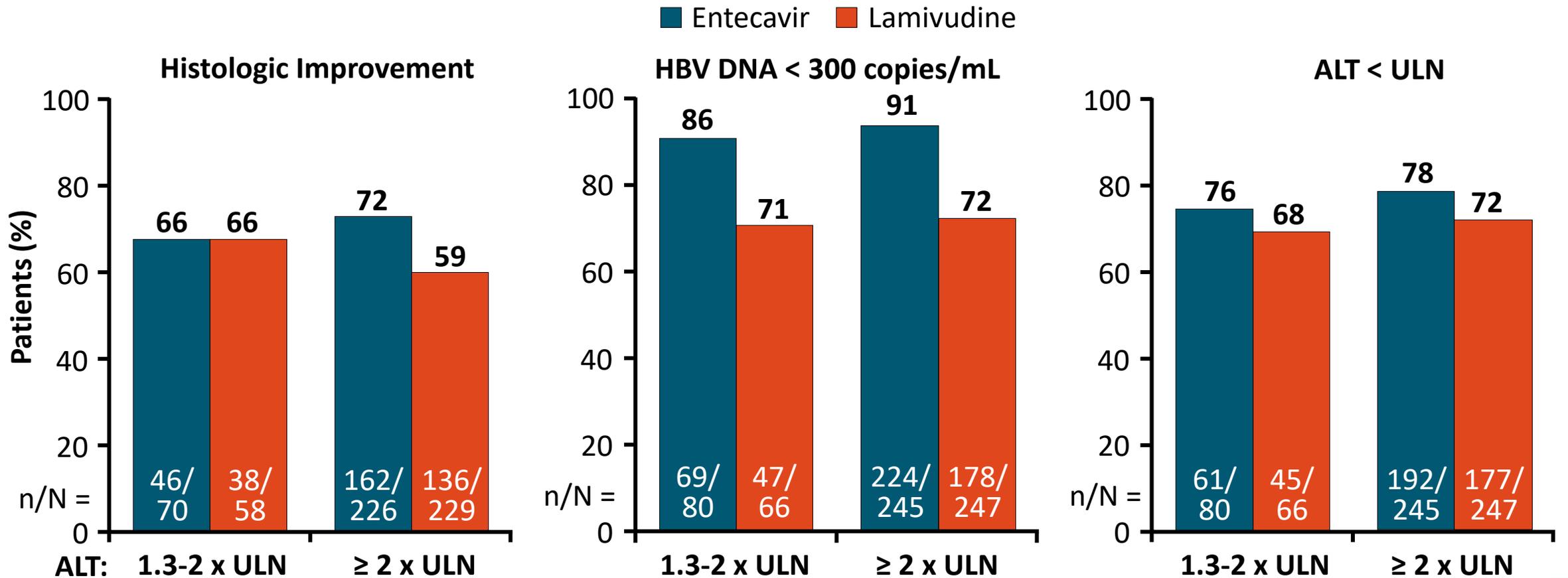
# ETV-022: Treatment Efficacy in HBeAg-Positive CHB

- Lower responses to entecavir in patients with mildly elevated baseline ALT vs those with ALT  $\geq 2$  x ULN



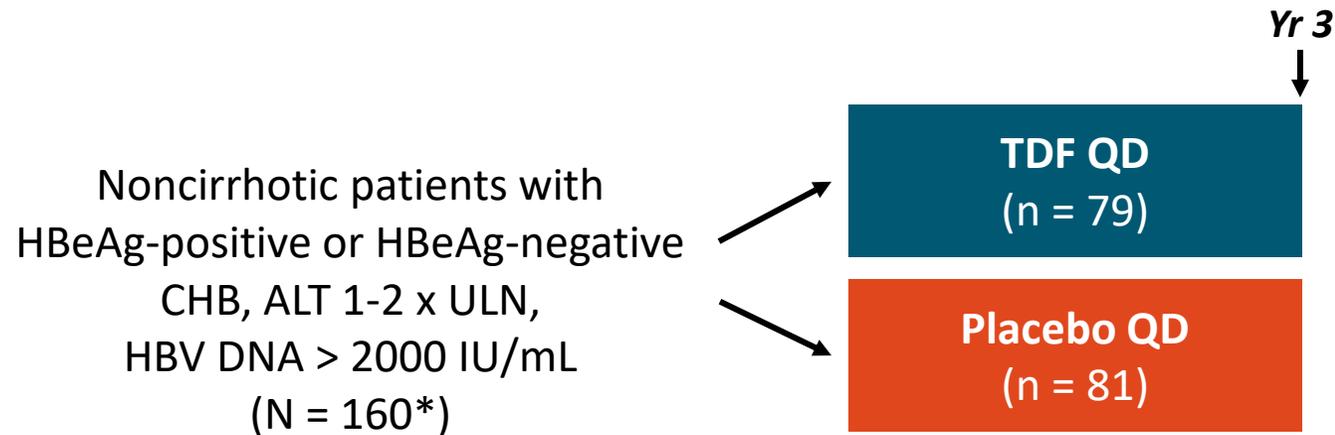
# ETV-027: Treatment Efficacy in HBeAg-Negative CHB

- Response to entecavir similar irrespective of baseline ALT level



# TDF vs Placebo for Patients With CHB and Minimally Elevated ALT

- Multicenter, randomized, triple-blind phase IV trial in Taiwan



\*Results for 132 patients completing treatment with paired biopsy; last patient to finish in December 2018.

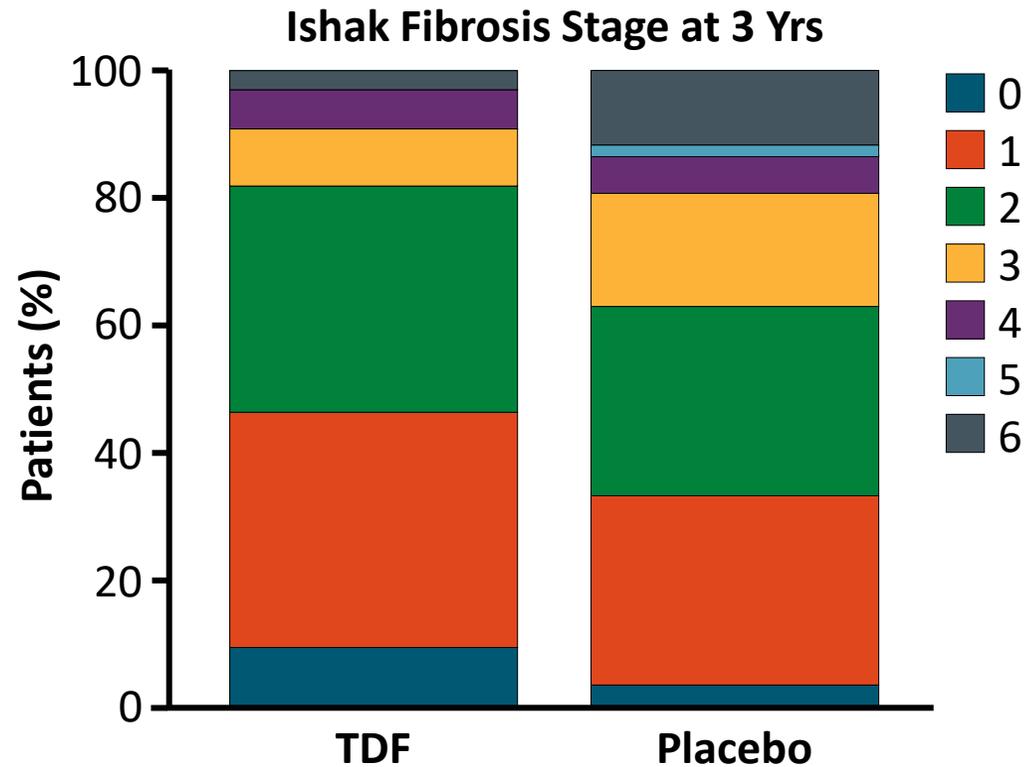
- Primary endpoint: histological progression of liver fibrosis, resolution of necroinflammation

# CHB Patients With Minimally Elevated ALT: Baseline Characteristics

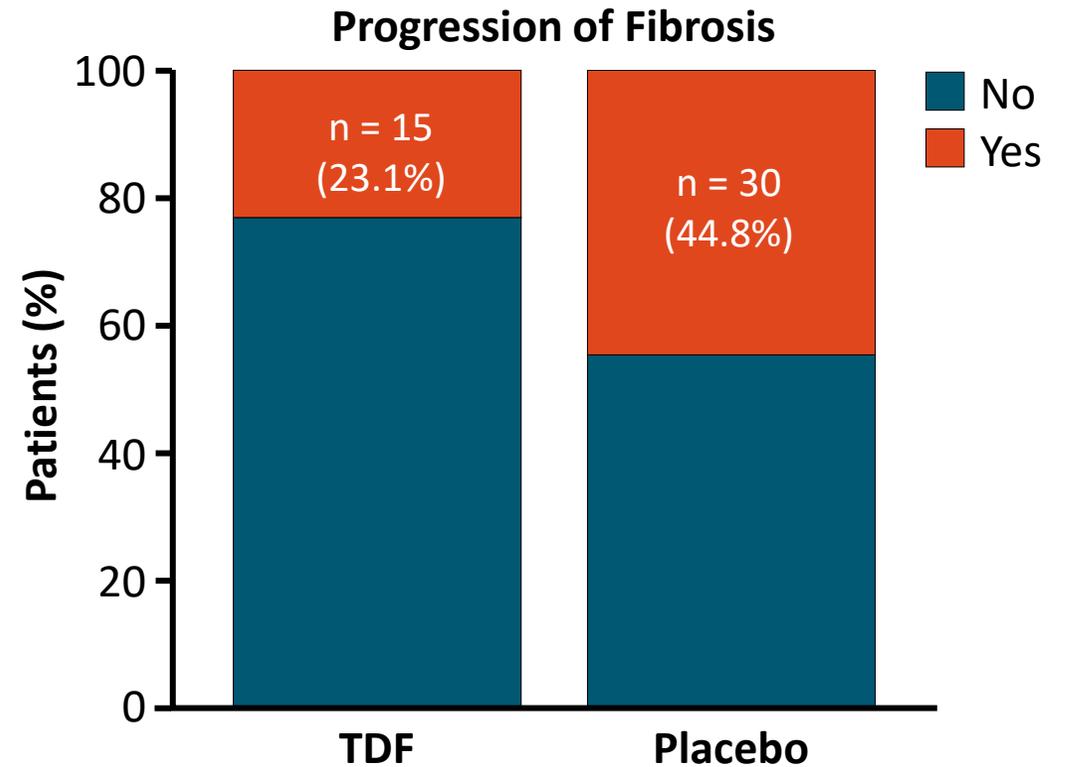
Baseline Characteristic	TDF (n = 65)	Placebo (n = 67)	P Value
HBeAg positive, %	20.0	26.9	.41
Median HBV DNA, log IU/mL (IQR)	5.32 (4.30-6.47)	5.32 (4.39-6.29)	.74
Median ALT, U/L (IQR)	53 (46-63)	52 (46-66)	.66
Ishak fibrosis stage, %			.20
▪ 0	9.2	10.5	
▪ 1	43.1	34.3	
▪ 2	35.4	28.4	
▪ 3	9.2	13.4	
▪ 4	3.1	13.4	

# CHB Patients With Minimally Elevated ALT: Fibrosis

- Use of TDF reduces risk of liver fibrosis progression in this population

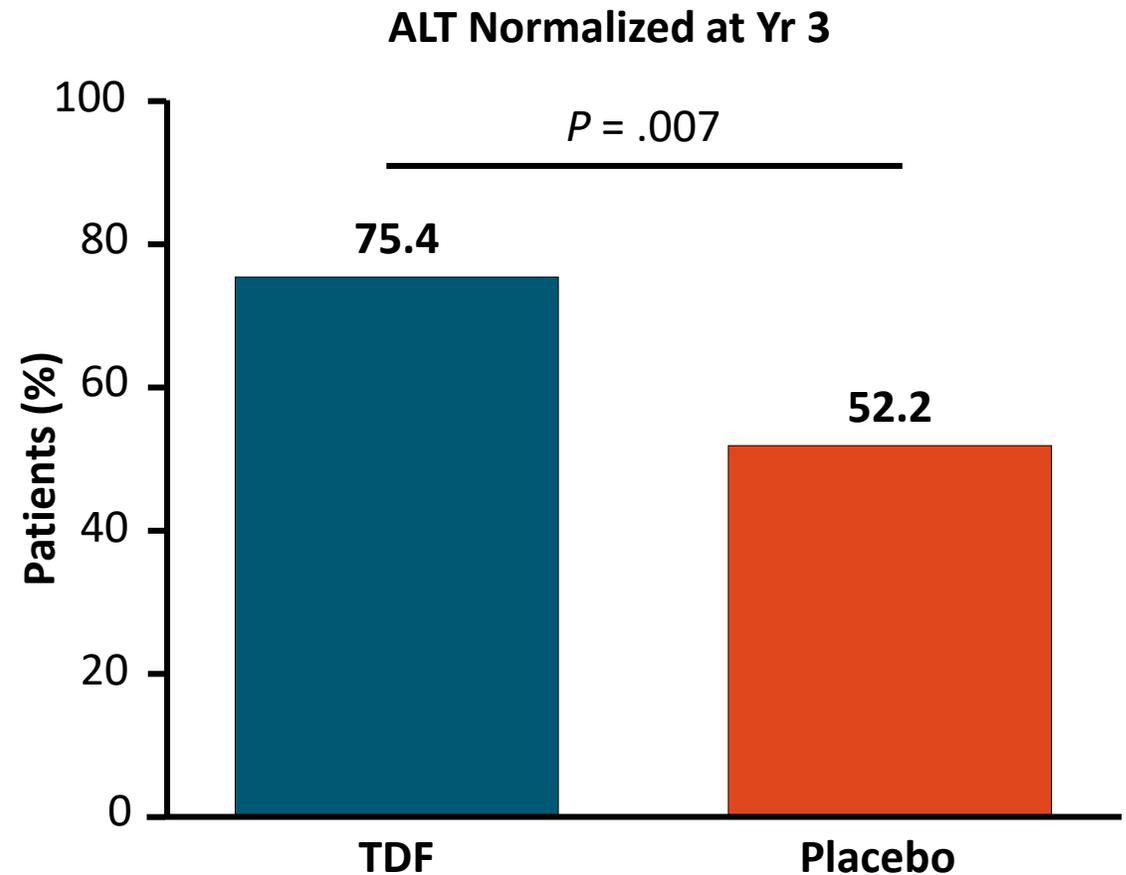
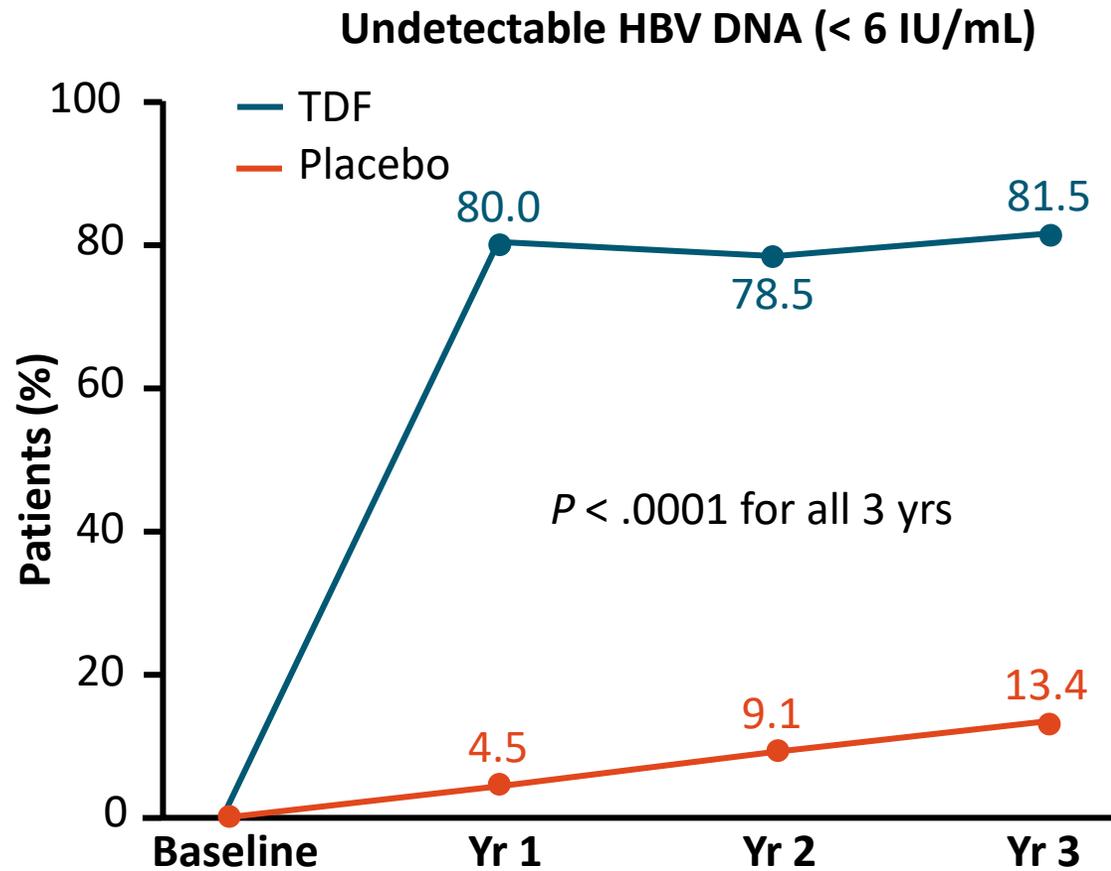


For cirrhosis (ie, Ishak 5/6)  
RR: 0.23;  $P = .05$



For any increase in Ishak fibrosis  
RR: 0.52;  $P = .01$

# CHB Patients With Minimally Elevated ALT: Viral Suppression and ALT Normalization



# ALT Cutoffs For CHB Therapy: Key Take-home Points

- Rigid adherence to arbitrary ALT cutoffs should not be key to treatment decision-making in patients with CHB
- Patients with normal ALT can/should be offered treatment after discussion of advantages and risks
- Patients with mildly elevated ALT should be treated

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**Additional slidesets** highlighting the latest developments in HBV and HCV care

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